

584 W. Ann Arbor Trail, Plymouth, Michigan

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## **SPORT PROGRAM – (Intermediate Level & Up)**

- Monday: 5:30-7:30pm (*sport TKD, must be 8 yrs. or older*)
- Tuesday: 6:00-6:45pm (*traditional curriculum class*)
- Wednesday: 5:30-7:30pm (*sport TKD, must be 8 yrs. or older*) \*garage\*
- Thursday: 6:00-6:45pm (*traditional curriculum class*)
- Saturday: 10:00-10:45am (TKD conditioning)

**STUDENTS SHOULD ALWAYS BRING ALL GEAR TO CLASSES, AS WELL AS SECURE SHOES IN CASE WE TRAIN OUTSIDE IN THE SUMMER.**