



ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in Midwest Tae Kwon Do Seminar the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist.
2. I knowingly and freely assume all such risks both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my participation.
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless to Midwest Tae Kwon Do; employees, other participants, owners, any black belts, and lessors of premises used to conduct the event with respect to any or all injury, disability, loss, or damage to person/property.
5. I also acknowledge that I have informed Midwest Tae Kwon Do that I have been examined by a licensed physician within the past twelve months and have been found to be in good physical health and able to perform any and all exercises which I am to learn during the seminar.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19: MIDWEST TAE KWON DO, LLC

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Midwest Tae Kwon Do has put in place preventative measures to reduce the spread of COVID-19; however, Midwest Tae Kwon Do cannot guarantee you or your child(ren) will not become infected with COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19. I understand that the risk of becoming exposed to or infected by COVID-19 will be reduced as much as possible by practices required by the government and CDC but that I cannot fully guarantee I may not become infected. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance. I also agree that neither I or my child(ren) will enter the premises of Midwest Tae Kwon Do if we have a fever or cough. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless Midwest Tae Kwon Do, its employees, agents, and representatives, of and from the claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of Midwest Tae Kwon Do and its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any club program.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, AND FULLY UNDERSTAND ITS TERMS. (IF UNDER 18, PARENT OR LEGAL GUARDIAN MUST SIGN.)

PRINT NAME _____ DATE SIGNED: _____

PARTICIPANT'S SIGNATURE _____ DATE SIGNED: _____